**SAMPLE**

**Back To School Announcement / Email Follow Up**

Hi Friends,

So nice to meet you all this past week at Back to School Night! Here’s a little follow up information (and my cell number below) from our announcement:

**(Student)** was diagnosed with Nephrotic Syndrome 5 years ago, just after he started Kindergarten here at **(school).** [Nephrotic Syndrome](http://www.nephcure.org/nephrotic-syndrome-facts%22%20%5Ct%20%22_blank) is a non-contagious auto-immune disease that causes **(student)'s** immune system to attack his kidneys.  Nephrotic Syndrome comes on for no known reason. Each case is very different. In a nutshell, when (student)’s immune system is triggered, by a cold / virus / etc., his body attacks the trigger, but then goes on ‘overdrive’ and attacks his kidneys, causing them to become inflamed and stop functioning properly.

To treat his condition, **(student)** takes serious medication to suppress his immune system. These medications (while not dangerous to others) make him extremely susceptible to virus and serious infections.

As a result, germ management is critical for us. We try to avoid anyone who is sick or even has a cold. At the same time, we have to balance allowing **(student)** to enjoy life as a normal child with protecting him. Obviously, it's best for **(student)** not to come in contact with any cold or virus, but on the occasion where there is something your child might have, just letting us know as soon as possible can make a big difference for **(student)!** We can make simple adjustments on our end, separating (student) in class or keeping him home. Flu, strep throat and in particular Chicken Pox are extremely dangerous for kids on immuno-suppressants. If (student) is exposed to Chicken Pox (or Shingles) he would need immediate medical attention, so please call us anytime day or night if you suspect anyone in your family may have either.

If you would like to make us aware of a potential cold or illness please text or email me and / **(teacher).**

I mentioned the flu mist vaccine can present a risk for **(student)** (the mist is a 'weakened' version of the flu virus vs. 'completely dead' version in the flu shot form). If you just shoot me a quick text, we can separate **(student)** in class, or if your child gets it on a Friday, by Monday any risk will have passed. There is no risk at all from the flu shot.

Thank you so much. We are grateful to all of you for your help and compassion, and are looking forward to a good year in class! Please let us know if you have any questions or want to know more about anything.

Gratefully,

**(Parents) / (parents cell)**